

221. 年齢別児童・

注：45年は東海ブロックの平均値である。  
胸囲については平成7年より調査事項から削除された。

区 分	幼 稚 園		小 学 校									
	5 歳		6		7		8		9		10	
	男	女	男	女	男	女	男	女	男	女	男	女
身長(cm)												
昭和 35 年度	106.5	105.7	111.5	110.5	116.9	115.7	121.8	121.2	126.6	126.3	131.5	131.6
40	108.0	107.1	113.3	112.2	118.7	117.5	123.7	123.0	128.6	128.2	133.4	134.0
45	109.6	108.4	114.2	113.5	119.8	119.4	125.6	124.2	130.0	129.4	135.3	136.3
50	109.2	108.3	114.7	114.0	120.2	119.8	125.5	124.9	131.2	131.2	136.0	137.4
55	109.9	109.2	115.6	114.7	121.3	120.3	126.2	125.7	131.9	131.6	136.9	137.6
60	110.0	109.3	115.8	115.3	121.7	121.0	127.6	126.4	132.0	132.1	137.3	138.6
平成 2	110.4	109.7	116.4	115.6	122.0	121.3	127.7	127.1	132.8	132.8	138.1	138.9
7	110.5	109.7	116.5	116.0	122.1	121.2	127.8	127.1	133.1	132.9	138.4	139.4
8	110.3	109.8	116.5	115.7	122.4	121.5	127.5	127.3	133.4	133.1	138.9	139.9
9	110.2	109.8	116.3	115.5	122.8	121.7	127.9	127.6	133.1	133.7	138.3	140.2
10	110.6	109.7	116.5	115.6	122.1	121.6	127.7	127.3	133.2	133.0	138.2	140.1
11	110.6	109.6	116.5	115.2	122.1	121.1	127.6	126.8	133.3	133.2	138.7	139.6
12	110.3	109.7	117.0	115.4	122.3	121.9	127.9	127.0	133.2	132.8	139.6	140.5
体重(kg)												
昭和 35 年度	17.5	17.0	18.9	18.4	21.0	20.3	23.1	22.6	25.3	25.2	27.8	27.9
40	17.9	17.5	19.3	18.9	21.6	20.9	23.8	23.4	26.2	25.9	28.9	29.1
45	18.6	18.1	19.9	19.6	22.2	21.9	25.0	24.2	27.4	27.0	30.5	30.8
50	18.4	17.9	20.2	19.8	22.5	22.2	25.0	24.6	28.2	28.0	30.9	31.7
55	18.8	18.6	20.6	20.1	22.9	22.6	25.5	25.0	28.9	28.2	31.4	31.3
60	18.8	18.5	20.8	20.5	23.6	23.0	26.3	25.6	28.9	28.8	32.4	32.8
平成 2	19.1	18.8	21.2	21.0	23.6	23.0	26.5	26.2	29.7	29.5	33.5	33.3
7	19.2	18.9	21.5	21.1	23.8	23.2	27.2	26.3	29.9	29.9	33.6	34.1
8	19.1	18.9	21.6	21.0	24.3	23.7	27.1	26.8	30.9	30.1	34.1	34.5
9	19.1	18.8	21.7	21.2	24.3	23.6	27.1	26.8	30.7	30.6	34.2	34.3
10	19.3	18.7	21.4	20.9	24.1	23.5	27.1	26.4	30.7	30.0	34.2	34.5
11	19.2	18.6	22.0	21.0	23.9	23.3	27.6	26.1	30.7	30.0	34.3	34.2
12	19.0	18.7	22.0	21.0	24.6	24.1	27.4	26.6	31.0	30.0	35.4	35.2
胸囲(cm)												
昭和 35 年度	54.9	53.5	56.3	54.9	58.3	56.5	60.1	58.8	62.0	60.7	64.0	62.8
40	55.2	53.9	56.9	55.3	59.0	57.1	60.8	59.1	63.0	61.3	64.9	63.9
45	56.0	54.9	57.0	55.7	59.0	57.4	61.1	59.2	63.0	61.4	65.8	65.3
50	55.8	54.5	56.7	55.9	59.4	58.0	61.4	60.1	63.8	62.6	66.1	65.7
55	55.7	54.5	57.4	56.1	59.6	58.4	61.4	60.3	64.4	62.8	66.1	65.3
60	55.9	54.9	57.6	56.3	60.1	58.5	62.2	60.7	64.2	63.2	66.8	66.4
63	56.0	54.6	57.9	56.6	60.0	58.4	62.5	61.1	64.7	63.9	67.6	67.3
平成 3	56.2	55.1	57.6	56.5	60.4	58.5	62.5	60.8	65.3	63.6	68.0	66.6
4	56.0	55.0	57.6	56.7	59.8	58.6	62.5	60.8	64.8	63.6	67.7	67.0
5	56.0	54.7	58.0	57.0	59.9	58.8	62.3	61.4	65.2	63.7	67.8	67.4
6	56.0	55.0	57.9	56.9	66.0	58.8	62.5	61.3	65.1	63.6	67.8	67.1
座高(cm)												
昭和 35 年度	61.4	60.6	63.3	62.9	65.8	65.2	68.6	67.9	70.3	70.3	72.4	72.9
40	61.6	61.2	63.8	63.4	66.5	65.8	68.8	68.5	71.1	70.8	73.1	73.6
45	61.9	61.1	64.2	63.8	66.7	66.3	69.5	68.6	71.4	71.2	73.4	74.0
50	61.9	61.4	64.4	64.1	66.9	66.7	69.4	69.0	71.8	71.9	73.8	74.5
55	62.3	61.9	64.7	64.2	67.4	66.6	69.4	69.1	72.1	71.7	73.9	74.4
60	62.3	61.7	65.0	64.5	67.4	67.2	70.1	69.4	71.9	72.0	74.2	75.0
平成 2	62.4	61.9	64.9	64.6	67.7	67.2	70.2	69.8	72.3	72.4	74.6	75.3
7	62.1	61.7	65.0	64.8	67.6	67.2	70.4	70.1	72.7	72.8	74.9	75.8
8	62.1	61.8	65.0	64.7	67.7	67.4	70.1	70.2	72.9	72.6	75.1	76.1
9	62.0	61.7	65.0	64.7	68.0	67.5	70.3	70.2	72.7	73.1	74.8	75.9
10	62.2	61.8	64.9	64.4	67.5	67.4	70.2	70.0	72.6	72.7	74.7	76.0
11	62.2	61.4	65.0	64.3	67.5	67.1	70.2	69.7	72.7	72.7	75.1	75.7
12	62.1	61.6	65.0	64.3	67.5	67.4	70.2	69.8	72.6	72.3	75.4	76.1

## 生徒の体格

		中 学 校						高 等 学 校					
11		12		13		14		15		16		17	
男	女	男	女	男	女	男	女	男	女	男	女	男	女
136.1	138.0	141.6	143.7	148.0	148.0	155.1	151.0	159.6	152.7	163.7	153.2	164.8	153.7
138.4	140.1	144.3	146.2	151.2	150.2	158.0	152.6	163.8	154.2	165.4	154.6	166.8	154.9
140.2	142.8	146.2	148.3	154.3	151.7	160.3	154.3	164.0	155.1	167.0	156.1	168.4	155.7
141.6	143.7	147.8	149.3	155.1	152.8	161.8	155.0	166.2	156.1	168.4	156.3	169.0	156.4
142.2	144.2	149.6	150.3	156.1	153.4	163.3	155.8	166.5	156.8	169.0	156.8	169.7	156.9
142.7	145.6	149.8	150.9	156.8	154.1	164.0	156.4	167.0	156.7	169.2	157.3	169.2	157.5
143.9	145.6	151.1	151.2	158.3	154.6	164.3	156.5	167.9	157.3	169.3	158.1	170.2	158.0
144.4	146.5	151.4	151.7	159.1	154.8	165.0	156.5	167.9	157.6	169.6	158.1	170.6	158.0
144.7	146.7	151.6	152.2	159.3	155.0	164.4	156.3	168.1	157.5	169.7	158.0	170.7	157.7
145.1	146.8	152.0	152.1	158.6	154.8	164.7	156.5	167.9	156.9	169.3	157.8	170.6	157.9
144.8	146.8	151.9	151.9	159.4	155.2	164.7	156.7	168.0	157.3	169.7	158.2	170.7	158.1
145.3	147.1	152.0	152.0	159.7	154.9	164.5	156.7	168.6	156.9	169.9	157.8	170.8	158.2
<b>144.9</b>	<b>146.7</b>	<b>152.7</b>	<b>151.5</b>	<b>159.8</b>	<b>155.1</b>	<b>165.4</b>	<b>156.1</b>	<b>168.1</b>	<b>157.2</b>	<b>170.2</b>	<b>157.8</b>	<b>170.5</b>	<b>158.0</b>
30.7	31.9	34.1	36.5	39.1	40.9	45.1	45.3	50.4	47.8	53.7	49.2	55.6	50.0
32.0	33.2	36.4	37.8	41.2	42.9	47.6	46.1	52.2	48.6	55.0	50.2	57.0	51.0
33.4	35.7	37.4	40.2	43.9	44.9	48.8	48.2	53.0	50.1	56.3	52.1	58.6	51.7
34.6	36.0	39.0	41.1	44.5	45.5	50.3	48.3	55.2	50.4	57.6	51.5	58.9	52.1
35.4	36.2	40.7	41.9	45.4	45.6	51.8	48.9	56.0	51.0	59.2	51.5	60.3	52.1
36.2	37.5	41.1	43.0	45.9	45.2	52.5	49.6	56.4	51.2	59.3	52.2	60.2	52.1
37.0	38.1	42.6	43.4	48.2	46.8	53.5	49.9	58.5	51.8	60.7	52.5	61.2	52.2
37.7	39.0	42.4	43.9	49.0	47.2	53.7	49.8	58.1	51.7	60.4	52.6	61.6	52.1
38.1	39.4	43.5	44.3	49.2	47.7	53.6	49.9	59.5	51.4	60.4	52.9	62.1	52.4
39.1	39.5	43.5	43.8	48.3	47.6	54.2	49.8	58.5	52.0	60.8	52.9	61.4	52.9
38.5	40.1	43.8	44.4	49.3	47.7	54.3	50.3	58.6	50.9	60.8	51.7	61.7	52.4
38.9	39.8	43.9	44.5	49.7	47.7	54.0	50.9	59.2	51.8	60.2	52.8	61.5	52.4
<b>38.9</b>	<b>40.1</b>	<b>44.4</b>	<b>44.0</b>	<b>49.8</b>	<b>47.2</b>	<b>54.7</b>	<b>49.6</b>	<b>58.7</b>	<b>51.7</b>	<b>60.9</b>	<b>52.9</b>	<b>61.4</b>	<b>52.0</b>
66.1	66.2	68.7	70.3	72.2	73.6	76.9	77.0	80.1	79.2	82.1	80.0	84.0	81.2
67.1	67.0	69.8	71.2	73.4	74.7	77.5	77.4	81.5	80.3	83.9	80.9	86.1	81.2
67.9	69.1	70.8	72.8	75.0	76.2	78.2	78.6	81.1	80.1	83.7	81.0	86.0	80.3
68.6	69.3	71.7	73.8	75.2	76.9	79.0	79.1	82.8	80.6	84.4	81.4	86.2	81.8
69.0	69.3	72.5	74.1	75.4	77.0	80.0	79.4	82.2	80.5	84.5	81.2	85.9	81.6
69.6	70.3	72.8	75.0	76.0	77.4	80.1	80.0	82.3	80.8	84.3	81.8	85.6	82.0
69.8	70.7	73.4	75.1	77.1	77.5	80.5	79.8	83.4	81.5	85.4	82.1	86.5	82.0
69.9	71.0	73.8	75.0	76.7	77.7	80.4	79.7	83.3	81.8	84.6	82.6	85.9	82.2
70.4	71.0	74.1	75.6	77.2	78.2	80.2	79.9	84.0	81.8	85.4	81.6	86.0	82.0
70.6	70.9	74.0	74.9	76.9	77.7	81.2	79.8	82.5	81.2	85.5	81.8	86.5	82.0
71.1	71.5	73.7	75.4	77.1	77.1	79.8	79.2	83.1	82.1	85.1	82.7	85.7	82.4
74.3	76.0	76.7	78.9	80.1	81.4	83.8	83.0	87.4	84.2	89.2	84.7	90.1	84.7
75.3	76.6	78.3	80.1	81.8	82.7	85.3	84.1	88.5	84.2	89.5	84.5	90.4	84.8
75.6	77.4	78.4	80.3	82.2	82.7	85.7	84.0	87.9	84.6	89.9	85.3	90.7	85.0
76.1	77.7	79.1	81.1	82.7	82.9	86.2	84.2	88.8	84.7	89.5	84.7	90.1	84.8
76.3	77.8	79.6	81.3	82.9	83.0	86.7	84.2	88.8	84.8	90.1	84.8	90.2	84.8
76.5	78.4	79.9	81.7	83.3	83.4	87.5	84.8	88.9	85.0	90.2	85.0	90.2	84.7
77.1	78.6	80.6	81.9	84.3	83.6	87.5	84.8	89.5	85.0	90.2	85.3	90.4	85.1
77.3	79.2	80.6	82.1	84.4	83.7	87.6	84.6	89.2	85.0	90.3	84.9	90.6	84.8
77.6	79.1	80.9	82.3	84.6	83.9	87.5	84.6	89.4	84.9	90.4	85.1	90.9	84.8
77.7	79.3	81.0	82.3	84.2	83.6	87.5	84.6	89.4	84.5	90.1	84.7	91.0	84.7
77.6	79.4	81.1	82.3	84.6	83.9	87.7	84.7	89.5	84.8	90.3	84.8	90.9	84.7
78.0	79.4	81.2	82.4	85.0	83.8	87.7	84.7	89.9	84.7	90.5	85.0	90.9	85.0
<b>77.8</b>	<b>79.2</b>	<b>81.6</b>	<b>82.1</b>	<b>84.9</b>	<b>83.9</b>	<b>88.0</b>	<b>84.8</b>	<b>89.8</b>	<b>84.9</b>	<b>90.5</b>	<b>85.0</b>	<b>90.6</b>	<b>85.2</b>