GIFU TRAIL GUIDE BY GRADE

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Make sure to submit a mountain climbing notification form.

Submit a mountain climbing notification form - for your family's peace of mind - and return home safely.

Submission of a Mountain Climbing Notification Form

- Filling out a mountain climbing notification form helps prevent accidents as it requires you to check the climbing route, your equipment, etc.
- Submitting a mountain climbing notification form accelerates the search and rescue operation in the event of an accident.
- Give peace of mind to your family and others involved.
- A fine of up to 50,000 yen will be imposed on those who fail to submit a mountain climbing notification form, or who submit a notification form with false information, before climbing in the areas designated by Gifu's Prefectural Ordinance for Preventing Mountain Accidents in the Areas of the Northern Alps and Active Volcanoes.

*Upon descending, make sure to notify the organization to which you submitted your mountain climbing notification form.

Considerations when preparing a mountain climbing notification form

- Study the mountain's features on a 1:25,000-scale topographic map in order to prevent getting lost.
- Check the weekly weather forecast, among other information, and create a climbing plan that takes into consideration possible changes in weather.
- Avoid climbing alone, and make sure to take the proper equipment.
- When climbing an active volcano, check the volcanic activity status and other conditions before planning your climb.

Where to submit your mountain climbing notification form

- Submit to a notification posting box (at a mountain climbing guidance center or information center in the relevant mountain zone, the trailhead, etc.)

*Check the posting box location in advance.

- Submit to the prefectural police headquarters, a police station, police box, or police substation in your intended climbing area.

Gifu Prefectural Police Headquarters website http://www.pref.gifu.lg.jp/police/tetsuzuki/tozan-todoke

- Submit online
  - · Compass (from the Japan Mountain Guides Association)
  - · YAMAP (from YAMAP Inc.)
  - · Gifu Accident Prevention Association for the Northern Alps (when climbing in the Northern Alps area)

Compass / YAMAP / Gifu Accident Prevention Association for the Northern Alps

- Gifu Prefectural Government (via E-mail: gifu-tozan@govt.pr.ef.gifu.jp)

*Make sure to give a copy of your mountain climbing notification form to your family, club (or the Japanese Alpine Club), workplace, school, etc.

Cover photo source: Hida Norikura Tourism Association

Contact information

Climbing and Volcanic Accident Prevention and Response Section, Climbing and Volcanic Accident Prevention and Response Office, Disaster Prevention Division, Gifu Prefectural Government
Tel: 058-272-1131

Preventing Mountain Accidents

10 Basic Rules

Mountain accidents can be fatal. You need to have a flexible and manageable plan and prepare the proper equipment before mountain climbing. The following 10 basic rules will help you avoid mountain accidents.

1 Create a flexible and manageable plan.
Create a climbing plan that takes into account various aspects, including experience, skill, and fitness.

2 Buy mountaineering insurance.
Buy mountaineering insurance for coverage in the event you have an accident.

3 Make sure to submit a mountain climbing notification form.
Filling in a mountain climbing notification form is the first step for safe mountain climbing.
* Easily submit your mountain climbing notification form with apps for climbers (Compass or YAMAP).

4 Develop a flexible and manageable schedule and prepare the proper equipment.
Try to leave and arrive early, and take with you a helmet, food, and other necessities, as well as the proper equipment.

5 Climbing alone is very risky.
Climbing alone increases the risk of an accident. For example, you may be unable to call for help if you cannot move.

6 Prepare yourself physically and mentally.
Prepare yourself physically and mentally so that you don't become ill or unable to move during the climb.

7 Remember that being the leader comes with much responsibility.
It is the important duty of the leader to lead other members in an orderly and safety-first manner.

8 Judge the weather and climate accurately.
Misjudging the weather and climate can lead to fatal accidents.

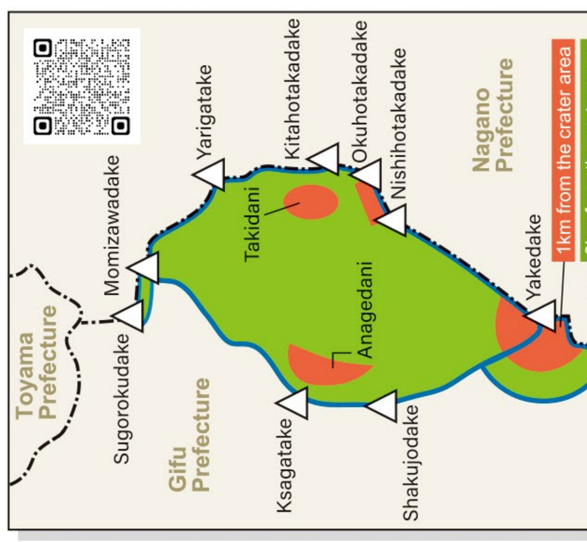
9 Beware of avalanches.
Gather information about avalanche-prone areas in advance and stay away from them.
* Accidents involving avalanches while backcountry skiing are becoming increasingly common. Check the avalanche hazard level by looking up weather and snow conditions.

10 Beware of volcanic gas.
Fumaroles and hollows in fumarolic fields tend to have a high concentration of gas and are dangerous.
* When climbing an active volcano, make sure to check the volcanic activity status in advance and wear a helmet.

Areas requiring mountain climbing notification of mountain accidents prevention ordinance in Gifu

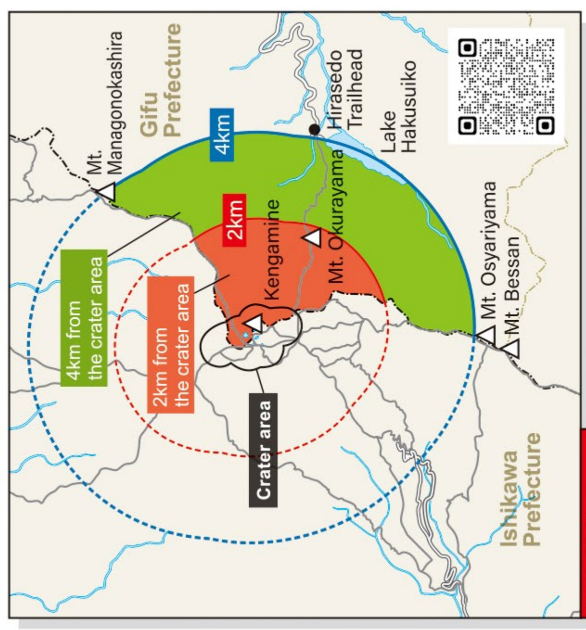
In Gifu Prefecture, you are required to submit a Mountain Climbing Notification by the "The Prefectural Ordinance for Preventing Mountain Accidents in the Areas of the Northern Alps and Active Volcanoes (Ontakesan, Yakedake, Hakusan, Norikuradake) in Gifu Prefecture".
Those climbing from Nagano or Ishikawa are also required to submit a Mountain Climbing Notification by their prefectural ordinances.

Northen Alps (active volcano)

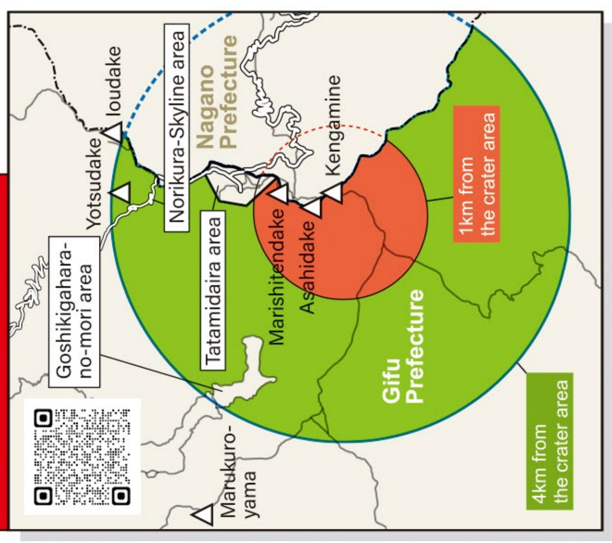


* Caution: Submission of a mountain climbing notification form is required for the entire Northern Alps area from December 1 to April 15.

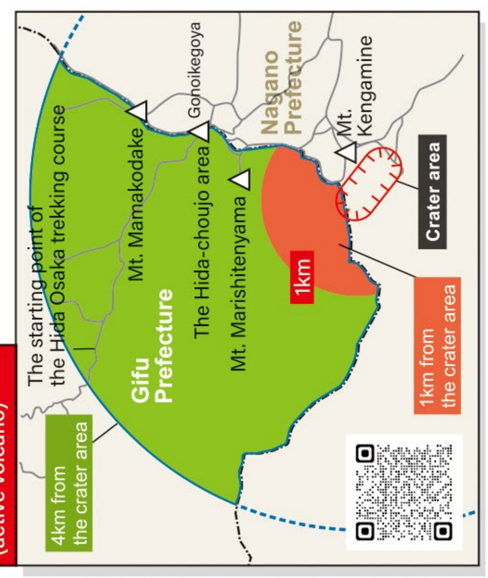
Mt. Hakusan (active volcano)



Mt. Norikura (active volcano)



Mt. Ontakesan (active volcano)

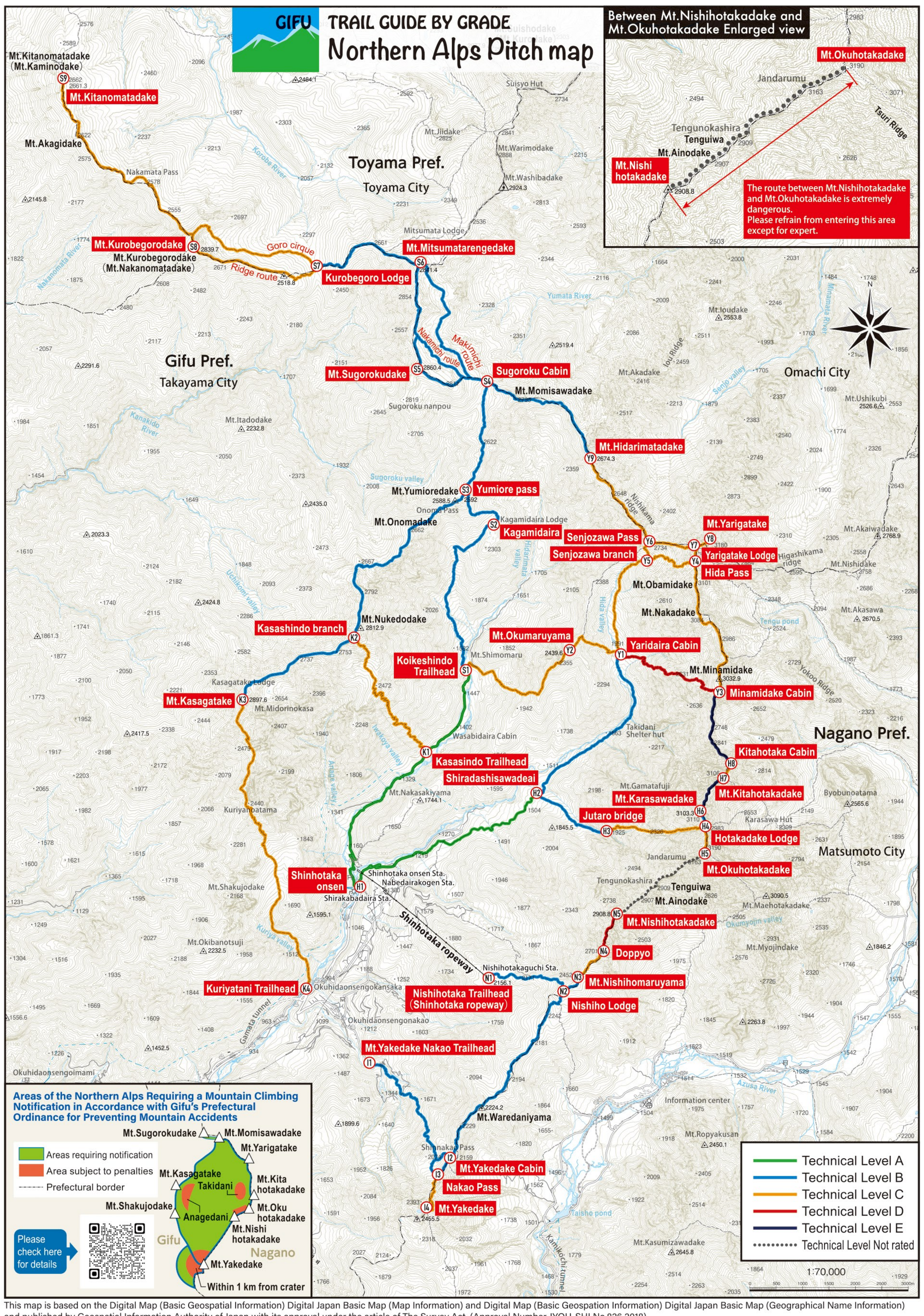


Areas requiring notification / Areas subject to penalties / Prefectural border

Gifu Prefecture Mountain Grading
Detailed List of Northern Japan Alps Routes

Location name	Route direction	Location altitude	Difficulty level	Course time (h)	Route length (km)	Cumulative ascending difference in altitude (km)	Cumulative descending difference in altitude (km)	Route constant	Remarks
Shinhotaka Onsen (H1) ⇔ Kasashindo Trailhead (K1)	H1→K1	1,091.2m → 1,365.0m	A	1.2	3.8	0.31	0.02	6.4	Be careful when wading through Kuriyadani when the water level is high.
	K1→H1	1,365.0m → 1,091.2m		0.9	3.8	0.02	0.31	3.1	
Kasashindo Trailhead (K1) ⇔ Kasashindo Fork (K2)	K1→K2	1,365.0m → 2,770.0m	C	6.3	4.7	1.48	0.07	27.5	
	K2→K1	2,770.0m → 1,365.0m		4.3	4.7	0.07	1.48	10.7	
Kasashindo Fork (K2) ⇔ Mt. Kasagatake (K3)	K2→K3	2,770.0m → 2,897.6m	B	1.2	2.7	0.30	0.18	6.0	
	K3→K2	2,897.6m → 2,770.0m		1.0	2.7	0.18	0.29	4.5	
Mt. Kasagatake (K3) ⇔ Kuriyadani Trailhead (K4)	K3→K4	2,897.6m → 982.9m	C	6.8	7.5	0.11	2.01	16.7	Be careful not to fall from Jutaro's rocky trail.
	K4→K3	982.9m → 2,897.6m		9.5	7.5	2.01	0.11	39.5	
Kasashindo Fork (K2) ⇔ Yumiori Pass (S3)	K2→S3	2,777.0m → 2,554.0m	B	2.7	4.6	0.36	0.58	10.1	
	S3→K2	2,554.0m → 2,777.0m		3.2	4.6	0.58	0.36	13.1	
Kasashindo Trailhead (K1) ⇔ Koikeshindo Trailhead (S1)	K1→S1	1,365.0m → 1,477.8m	A	0.5	2.0	0.12	0.00	2.7	
	S1→K1	1,477.8m → 1,365.0m		0.5	2.0	0.00	0.12	1.6	
Koikeshindo Trailhead (S1) ⇔ Kagami-Daira (S2)	S1→S2	1,477.8m → 2,282.3m	B	3.5	3.9	0.81	0.01	15.5	
	S2→S1	2,282.3m → 1,477.8m		2.2	3.9	0.01	0.82	5.7	
Kagami-Daira (S2) ⇔ Yumiori Pass (S3)	S2→S3	2,282.3m → 2,555.2m	B	1.0	1.3	0.28	0.01	4.9	
	S3→S2	2,555.2m → 2,282.3m		0.5	1.3	0.01	0.28	1.5	
Yumiori Pass (S3) ⇔ Sugoroku Hut (S4)	S3→S4	2,555.2m → 2,546.5m	B	1.2	2.4	0.16	0.17	4.5	
	S4→S3	2,546.5m → 2,555.2m		1.2	2.4	0.17	0.16	4.6	
Sugoroku Hut (S4) ⇔ Mt. Sugorokudake (S5)	S4→S5	2,546.5m → 2,860.4m	B	1.2	1.6	0.32	0.00	5.8	
	S5→S4	2,860.4m → 2,546.5m		0.8	1.6	0.00	0.32	2.1	
Mt. Sugorokudake (S5) ⇔ Mt. Mitsumatarengedake (S6)	S5→S6	2,860.4m → 2,841.4m	B	1.1	2.2	0.17	0.19	4.4	
	S6→S5	2,841.4m → 2,860.4m		1.3	2.2	0.19	0.17	5.0	
Sugoroku Hut (S4) ⇔ Mt. Mitsumatarengedake (S6) (Nakamichi Route)	S4→S6	2,546.5m → 2,841.4m	B	1.9	3.3	0.43	0.13	8.7	
	S6→S4	2,841.4m → 2,546.5m		1.6	3.3	0.13	0.43	5.4	
Sugoroku Hut (S4) ⇔ Mt. Mitsumatarengedake (S6) (Makimichi Route)	S4→S6	2,546.5m → 2,841.4m	B	2.2	3.4	0.43	0.13	9.3	
	S6→S4	2,841.4m → 2,546.5m		1.9	3.4	0.13	0.43	5.9	
Mt. Mitsumatarengedake (S6) ⇔ Kurobegoro Lodge (S7)	S6→S7	2,841.4m → 2,341.8m	B	1.5	2.5	0.03	0.53	4.0	
	S7→S6	2,341.8m → 2,841.4m		2.3	2.5	0.53	0.03	10.2	
Kurobegoro Lodge (S7) ⇔ Mt. Kurobegorodake (S8) (Goro's Cirque)	S7→S8	2,341.8m → 2,839.7m	C	2.5	3.2	0.53	0.04	10.7	
	S8→S7	2,839.7m → 2,341.8m		1.8	3.2	0.04	0.53	4.9	
Kurobegoro Lodge (S7) ⇔ Mt. Kurobegorodake (S8) (Ridge Line Route)	S7→S8	2,341.8m → 2,839.7m	C	3.3	2.8	0.54	0.05	12.2	
	S8→S7	2,839.7m → 2,341.8m		2.5	2.8	0.05	0.55	6.1	
Mt. Kurobegoro (S8) ⇔ Mt. Kitanomatadake (S9)	S8→S9	2,839.7m → 2,661.3m	C	2.8	5.2	0.37	0.55	10.6	
	S9→S8	2,661.3m → 2,839.7m		2.8	5.2	0.55	0.37	12.3	
Sugoroku Hut (S4) ⇔ Mt. Hidarimatadake (Y9)	S4→Y9	2,546.5m → 2,674.3m	B	2.4	3.0	0.37	0.25	9.0	
	Y9→S4	2,674.3m → 2,546.5m		2.8	3.0	0.25	0.37	8.6	
Shinhotaka Onsen (H1) ⇔ Shiradashizawa-deai (H2)	H1→H2	1,091.2m → 1,538.9m	A	2.0	4.9	0.50	0.05	10.1	
	H2→H1	1,538.9m → 1,091.2m		1.5	4.9	0.05	0.50	4.9	
Shiradashizawa-deai (H2) ⇔ Jutaro Bridge (H3)	H2→H3	1,538.9m → 1,901.3m	B	2.0	1.7	0.37	0.01	7.8	
	H3→H2	1,901.3m → 1,538.9m		1.5	1.7	0.01	0.37	3.5	
Jutaro Bridge (H3) ⇔ Hotakadake Lodge (H4)	H3→H4	1,901.3m → 2,983.0m	C	5.0	2.5	1.10	0.02	20.7	Be careful not to fall from Jutaro's rocky trail.
	H4→H3	2,983.0m → 1,901.3m		3.0	2.5	0.02	1.10	7.0	
Hotakadake Lodge (H4) ⇔ Mt. Okuhotakadake (H5)	H4→H5	2,983.0m → 3,190.0m	C	0.8	0.6	0.22	0.03	3.8	Be careful not to fall from the ladder area next to Okuhotaka Lodge.
	H5→H4	3,190.0m → 2,983.0m		0.5	0.6	0.03	0.23	1.4	
Hotakadake Lodge (H4) ⇔ Mt. Karasawadake (H6)	H4→H6	2,983.0m → 3,103.3m	B	0.3	0.4	0.13	0.02	1.9	
	H6→H4	3,103.3m → 2,983.0m		0.3	0.4	0.02	0.13	0.9	
Mt. Karasawadake (H6) ⇔ Mt. Kitahotakadake (H7)	H6→H7	3,103.3m → 3,106.0m	E	2.3	1.1	0.21	0.20	6.6	Be careful not to fall or slip in the ridgeline area.
	H7→H6	3,106.0m → 3,103.3m		2.0	1.1	0.20	0.21	6.0	
Mt. Kitahotakadake (H7) ⇔ Kitahotaka Hut (H8)	H7→H8	3,106.0m → 3,036.2m	C	0.3	0.3	0.04	0.11	1.0	
	H8→H7	3,036.2m → 3,106.0m		0.3	0.3	0.10	0.04	1.6	
Kitahotaka Hut (H8) ⇔ Minamidake Hut (Y3)	H8→Y3	3,036.2m → 2,976.9m	E	3.3	1.9	0.34	0.41	10.1	Be careful not to fall or slip at Dai-kiretto and Hida-naki (very steep and dangerous areas).
	Y3→H8	2,976.9m → 3,036.2m		3.5	1.9	0.40	0.35	11.0	
Shiradashizawa-deai (H2) ⇔ Yaridaira Hut (Y1)	H2→Y1	1,539.0m → 1,984.0m	B	2.5	4.0	0.54	0.09	11.1	Be careful wading through Takidani and Minamisawa-deai when the water level is high.
	Y1→H2	1,984.0m → 1,539.0m		2.0	4.0	0.09	0.54	6.0	
Yaridaira Hut (Y1) ⇔ Mt. Okumaruyama (Y2)	Y1→Y2	1,984.0m → 2,439.6m	C	1.5	1.5	0.46	0.01	7.7	
	Y2→Y1	2,439.6m → 1,984.0m		1.1	1.5	0.01	0.46	2.7	
Koikeshindo Trailhead (S1) ⇔ Mt. Okumaruyama (Y2)	S1→Y2	1,477.8m → 2,439.6m	C	3.8	3.3	1.00	0.03	17.8	
	Y2→S1	2,439.6m → 1,477.8m		2.8	3.3	0.03	1.00	6.9	
Yaridaira Hut (Y1) ⇔ Minamidake Hut (Y3)	Y1→Y3	1,984.0m → 2,976.9m	D	4.3	3.0	1.03	0.04	18.9	
	Y3→Y1	2,976.9m → 1,984.0m		3.3	3.0	0.04	1.03	7.8	
Minamidake Hut (Y3) ⇔ Hida Pass (Y4)	Y3→Y4	2,976.9m → 3,010.0m	C	3.3	3.1	0.35	0.32	10.5	
	Y4→Y3	3,010.0m → 2,976.9m		2.8	3.1	0.32	0.35	9.3	
Yaridaira Hut (Y1) ⇔ Senjosawa Fork (Y5)	Y1→Y5	1,984.0m → 2,543.8m	C	2.5	2.4	0.57	0.01	10.9	Beware of the snow gorge in Hidasawa.
	Y5→Y1	2,543.8m → 1,984.0m		1.5	2.4	0.01	0.57	3.8	
Senjosawa Fork (Y5) ⇔ Senjosawa Pass (Y6)	Y5→Y6	2,543.8m → 2,722.2m	C	1.0	0.5	0.18	0.00	3.7	
	Y6→Y5	2,722.2m → 2,543.8m		0.7	0.5	0.00	0.18	1.5	
Senjosawa Fork (Y5) ⇔ Hida Pass (Y4)	Y5→Y4	2,543.8m → 3,010.0m	C	2.3	1.4	0.46	0.00	9.1	
	Y4→Y5	3,010.0m → 2,543.8m		1.2	1.4	0.00	0.46	2.8	
Senjosawa Pass (Y6) ⇔ Yarigatake Lodge (Y7)	Y6→Y7	2,722.2m → 3,080.0m	C	1.5	1.2	0.36	0.00	6.6	
	Y7→Y6	3,080.0m → 2,722.2m		0.8	1.2	0.00	0.36	2.0	
Hida Pass (Y4) ⇔ Yarigatake Lodge (Y7)	Y4→Y7	3,010.0m → 3,080.0m	C	0.3	0.3	0.07	0.00	1.3	
	Y7→Y4	3,080.0m → 3,010.0m		0.2	0.3	0.00	0.07	0.5	
Yarigatake Lodge (Y7) ⇔ Mt. Yarigatake (Y8)	Y7→Y8	3,080.0m → 3,180.0m	C	0.5	0.3	0.10	0.00	2.0	
	Y8→Y7	3,180.0m → 3,080.0m		0.5	0.3	0.00	0.10	1.0	
Senjosawa Pass (Y6) ⇔ Mt. Hidarimatadake (Y9)	Y6→Y9	2,722.2m → 2,674.3m	C	1.3	2.2	0.17	0.22	4.8	
	Y9→Y6	2,674.3m → 2,722.2m		1.5	2.2	0.22	0.17	5.6	
Nishihotaka Trailhead (Shinhotaka Ropeway)(N1) ⇔ Nishiho Lodge (N2)	N1→N2	2,141.5m → 2,370.0m	B	1.5	1.9	0.29	0.07	6.2	
	N2→N1	2,370.0m → 2,141.5m		1.0	1.9	0.07	0.30	3.2	
Nishiho Lodge (N2) ⇔ Mt. Nishihomaruyama (N3)	N2→N3	2,370.0m → 2,452.0m	B	0.3	0.4	0.08	0.00	1.4	
	N3→N2	2,452.0m → 2,370.0m		0.3	0.4	0.00	0.08	0.6	
Mt. Nishihomaruyama (N3) ⇔ Doppyo (N4)	N3→N4	2,452.0m → 2,701.0m	C	1.2	0.9	0.25	0.01	4.9	Be careful not to fall from the area with chains just before Doppyo.
	N4→N3	2,701.0m → 2,452.0m		0.8	0.9	0.01	0.25	1.9	
Doppyo (N4) ⇔ Mt. Nishihotakadake (N5)	N4→N5	2,701.0m → 2,908.8m	D	1.5	1.0	0.34	0.11	6.4	Be careful not to fall or slip in the area around Pyramid Peak.
	N5→N4	2,908.8m → 2,701.0m		1.2	1.0	0.12	0.33	3.8	
Mt. Nishihotakadake (N5) ⇔ Mt. Okuhotakadake (H5)	N5→H5	2,908.8m → 3,190.0m	Unable to grade	6.5	2.6	0.73	0.45	20.0	Only experienced mountaineers are allowed.
	H5→N5	3,190.0m → 2,908.8m		5.8	2.6	0.46	0.73	16.2	
Nishiho Lodge (N2) ⇔ Yakedake Hut (I2)	N2→I2	2,370.0m → 2,076.2m	B	3.0	4.5	0.29	0.58	9.9	
	I2→N2	2,076.2m → 2,370.0m		3.5	4.5	0.58	0.29	13.6	
Yakedake Hut (I2) ⇔ Nakao Pass (I3)	I2→I3	2,076.2m → 2,094.8m	B	0.3	0.4	0.06	0.04	1.2	
	I3→I2	2,094.8m → 2,076.2m		0.3	0.4	0.04	0.06	1.1	
Nakao Pass (I3) ⇔ Mt. Yakedake (I4)	I3→I4	2,094.8m → 2,411.7m	C	0.8	0.9	0.32	0.00	4.9	
	I4→I3	2,411.7m → 2,094.8m		0.3	0.9	0.00	0.32	1.0	
Yakedake-Nakao Trailhead (I1) ⇔ Yakedake Hut (I2)	I1→I2	1,240.8m → 2,076.2m	B	3.5	3.2	0.84	0.01	15.6	
	I2→I1	2,076.2m → 1,240.8m		2.5	3.2	0.01	0.84	6.0	
Yakedake-Nakao Trailhead (I1) ⇔ Nakao Pass (I3) (No stop at Yakedake Hut)	I1→I3	1,240.8m → 2,094.8m	B	3.5	3.2	0.86	0.00	15.8	
	I3→I1	2,094.8m → 1,240.8m		2.0	3.2	0.00	0.86	5.0	

GIFU TRAIL GUIDE BY GRADE
Northern Alps Pitch map



This map is based on the Digital Map (Basic Geospatial Information) Digital Japan Basic Map (Map Information) and Digital Map (Basic Geospation Information) Digital Japan Basic Map (Geographical Name Information) and published by Geospatial Information Authority of Japan with its approval under the article of The Survey Act. (Approval Number JYOU-SHI No.826 2018)